

## 2023-24 Presidential Theme



Rotary International President 2023-24, Gordon McInally (Scotland)
District 6330 Governor, Sonja Glass (RC of Meaford, ON)
Newsletter Editor – Kitty Bucsko (RC of D6330 Passport)

# ROTARY D6330 FOUNDATION NEWSLETTER AUGUST 2023



RI PRESIDENT Gordon R. McInally

Rotary International President for 2023-24, Gordon McInally, plans to make **mental health** a focus, and emphasized continuity in advancing the goals of previous leaders, including empowering girls and eradicating polio.

He urges members to promote peace in troubled nations, help those affected by conflict, and maintain the momentum of initiatives begun by past leaders.



IMPORTANT MESSAGE

Click <u>this link</u> to hear RI President McInally's speech at the 2023 Melbourne Convention.

# TABLE OF CONTENTS

| Topic   | Page No. |
|---|----------|
| NEW RI PRESIDENT'S MESSAGE for August (Gordon McInally) | 3        |
| AUGUST MESSAGE – 2023-24 Trustee Chair (Barry Rassin)   | 4        |
| SERVICE ABOVE SELF and DG Visits                        | 5        |
| DISTRICT GOVERNOR 2023-24                               | 7        |
| THE ROTARY FOUNDATION                                   | 8        |
| INTERACTIVE CROSSWORD                                   | 9        |
| TRF GRANTS  | 10       |
| ROTARIANS ARE SPECIAL                                   | 11       |
| PAUL HARRIS SOCIETY                                     | 12       |
| UN DATES  | 13       |
| POLIO NOW   | 14       |
| PolioPlus Grants  | 16       |
| PolioPlus Resources                                     | 17       |
| PolioPlus Society                                       | 19       |
| AUGUST FOCUS  | 20       |
| Rotary Club of Mental Health                            | 20       |
| RAG Mental Health                                       | 21       |
| Rotary Showcase   | 22       |
| FROM ZONES 28 & 32                                      | 23       |
| Goal Setting – Ingrid Neitsch                           | 24       |
| ROTARY HELPS UKRAINE                                    | 26       |
| ENVIRONMENT – AREA OF FOCUS (ESRAG)                     | 27       |
| July set to be the hottest month ever!                  | 28       |
| BEGINNINGS OF ROTARY                                    | 29       |
| POLIO TO THE FINISH LINE                                | 31       |
| CALENDAR  | 32       |
| ROTARY VOICES   | 33       |
| TRF -Ways to give                                       | 34       |
| AREAS OF FOCUS  | 35       |
| COMING IN SEPTEMBER                                     | 37       |
| ROTARY'S CORE VALUES                                    | 38       |
| OBJECT OF ROTARY & FOUR-WAY TEST                        | 39       |
| EREY – Every Rotarian Every Year / Bequest Society      | 40       |
| ACRONYMS  | 41       |
| just the beginning                                      | 42       |



For the latest polio information, click here.

Click here to make yourself smile!





<sup>\*</sup> Editor Kitty Bucsko

# ROTARY INTERNATIONAL - MEMBERSHIP AUGUST 2023 MESSAGE

#### In the spirit of caring

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member – because everything we do is in the spirit of caring, giving, friendship, and compassion, and has been from the beginning of our organization.



We've grown into an amazing global network of 1.4 million interconnected community leaders – leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care.

These connections are deeply meaningful. The U.S. surgeon general recently declared loneliness a public health epidemic. Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections — and the Rotary magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. A recently published study by Ohio State University found performing acts of kindness was the only one of three mental health interventions tested that helped people feel ore connected to others. Study co-author David Cregg said, "Performing acts of kindness seems to be one of the best ways to promote those connections."

This research suggests what we've known all along – that doing good helps transform not just the communities we serve, but it also transforms us. As we put a great focus on mental health, let's not think of this effort as something new to Rotary, but rather as something we can do better and as a result have a great impact on ourselves and the people we serve.

We are not starting this effort from scratch. The Rotary Action group on Mental Health Initiatives has been focused on these kinds of issues for several years, and we will be looking to members of that group for leadership as we continue to build awareness.

Mental health care fits comfortably within several of our areas of focus. As of May, there are 41 global grant-supported projects with a mental health focus. Many of them have tremendous promise, and we will e highlighting them in the months ahead.

So let's work together to erase the stigma associated with emotional well-being, raise awareness of mental health needs, and improve access to preventive and interventional mental health services. Together, we will *Create Hope in the World*.

R. Gordon R. McInally President, Rotary International

# AUGUST FOCUS ON MEMBERSHIP TRF TRUSTEE CHAIR'S MESSAGE – AUGUST 2023

#### Reaching into the future

This year, I urge all of you to think big about The Rotary Foundation. To reach our goals and make the impact we know we can make, we must think outside the box and embrace innovation. We must make bold plans to expand our reach today, tomorrow, and in the future.

Start by thinking big about Foundation-supported projects. If your club hasn't engaged in a Rotary Foundation district grant or global grant, make this the year you do. Collaborating with your rotary counterparts I another district on one of Rotary's seven areas of focus can make a lasting impact beyond your wildest dreams. Explore Rotary Showcase at <a href="rotary.org/showcase">rotary.org/showcase</a> or arrange a meeting between your club and your district Rotary Foundation chair to start a conversation.

Let's also think big about our polio fundraising this year. Begin planning your World Polio Day fundraiser now for 24 October if you haven't already. Let's see how Rotaract and Rotary clubs can make this year's fundraisers our best ever.

Thinking big about the Foundation also means remembering that through it, our impact goes beyond the current Rotary year. We see this through not only the emphasis on sustainability in our grant projects but also in initiatives such as



TRF Trustee Chair - 2023-24

Programs of Scale. The third Programs of Scale recipient will take on a big challenge: combating cervical cancer and enhancing women's health in Egypt through awareness-raising and improved access to preventive care.

The success of the Programs of Scale grant model lies in our approach of closely collaborating with partners to amplify proven methods. Each year, The Rotary Foundation awards \$2 million to a member-led program that has demonstrated success and has the potential to reach more people through scaling up over a three-to-five-year period.

Our Programs of Scale are the epitome of thinking big: Through them, we aim to establish sustainable partnerships and cost-effective programs that deliver tangible benefits beyond the funding period. This wat, Rotary and its Foundation can reach and assist more people in more places.

Lastly, let's remember that our efforts to make the world a better place should extend beyond our time on earth. As we strive to reach \$2.025 billion by 2025 for Rotary's Endowment, consider how you can leave a legacy by making a gift or a commitment to a Rotary endowment. This will ensure that Rotary's future generations will have greater financial resources to create positive change, just as so many are doing now, in so many ways.

BARRY RASSIN Foundation Trustee Chair

## SERVICE ABOVE SELF – THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST** – The development of acquaintance as an opportunity for service.

**SECOND** – High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society.

**THIRD** – The application of the ideal of service in each Rotarian's personal, business, and community life.

**FOURTH** – The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.





# FROM THE DISTRICT OFFICIAL VISITS - DISTRICT 6330 GOVERNOR Sonja Glass, Governor 2023-2024

District 6330 stretches from Lion's Head, Ontario in the north, Algonac Michigan in the south Flushing Michigan in the west and Thornbury-Clarksburg, Ontario in the east, covering 138,690 square kilometers. It has 56 Rotary clubs, 4 Rotaract clubs, and 9 Interact clubs.

Both the Rotary International (RI) president and the District Governor (DG) positions change annually. However, the District Governor's job is not just a single-year commitment. We begin preparation two years ahead and often remain active as valued district executives and mentors for many years following.

Once a year, the District Governor (DG) is required to make an official visit to each Club in the District.

The purpose of the visit is to:

- Give the DG the opportunity to listen to the members of your club and gain a better understanding of how your club is doing
- Discuss RI President's priorities and highlight important initiatives of Rotary
- Discuss District 6330 priorities and goals
- Motivate club members to participate in club and district activities and service projects
- Recognize outstanding club projects and the work of individual Rotarians
- Discuss important club matters with club leaders

The District Governor is a guest of your club when making an official visit. In preparation for the DG visit, please consider the following:

- Plan for the entire Board to meet with the DG for one hour, prior to or following your club meeting. This is a good time to discuss your club's progress on your goals and service initiatives.
- Send the Governor an agenda for their time with you, including any special recognitions you would like the Governor to present.
- Make sure your contact information including cell phone and club address are correct in Club Runner.
- Advise the Governor if there are customs and traditions unique to your Club that must be observed during the visit.
- Keep your Assistant Governor in the loop and informed. He/she may attend the Board of Directors meeting with the Governor and any other events he/she is invited to attend.
- Assign the President-Elect or other Club Officer to meet and accompany the District Governor before and after the meeting and introduce the DG to as many of the club members as time will permit.
- Plan for the DG to be the only program for the day and plan to allow 20-25 minutes for the presentation. No other business is conducted during the "Official Visit."
- Allow additional time for other presentations you would like the Governor to make e.g., induct new members, present Major Donor recognition, award Paul Harris Fellows, Paul Harris Society members, Bequest Society members, etc. Please let the DG know in advance that you want to include this.
- At your discretion, you may consider a donation to the Rotary Foundation's Annual Fund in honor of the District Governor.

**NOTE:** If you are planning on a meal while Sonja (and Dave) are visiting, please note that neither of them eats red meat.



## ROTARY DISTRICT 6330 GOVERNOR 2023-24



Congratulations to our Rotary District 6330 Governor for 2023-2024, Sonja Glass!

As you may know, Sonja has been a valued member of the Rotary Club of Meaford for 5 years. Sonja has brought energy, enthusiasm, and thoughtfulness towards reinvigorating community activities and to strengthening the bonds throughout the Meaford community.

We are so honoured that you have been selected for this position Sonja, and we are sure that you will be a productive and energetic governor. Very well deserved!









SONJA GLASS
Rotary District 6330 Governor
2023-24
Rotary Club of Meaford, ON

Service Above Self and One Profits Most Who Serves Best, Rotary's official mottoes, can be traced back to the early days of the organization. In 1911, the second Rotary convention, in Portland, Oregon, USA, approved He Profits Most Who Serves Best as the Rotary motto.



"Do all the good you can, for all the people you can, in all the ways you can, just as long as ever you can."

While we don't know its exact origin, the above widely quoted saying summarizes what Rotary and The Rotary Foundation are all about:

We do quite a lot of good, serving people around the world in myriad ways, and we are in it for the long haul.

How many other charities do so much good - in so many ways - for so many as The Rotary Foundation?



# ROTARY FOUNDATION INTERACTIVE CROSSWORD 2023

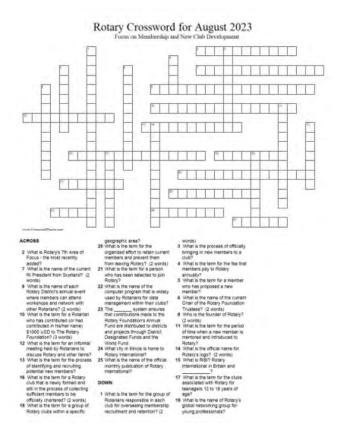
#### **Month of August**

Try your hand at an interactive crossword with Rotary Foundation information.

You may have to look up a few of these, but let's hope not.

The crossword deals with Rotary grants, a little history, and some things that Rotarians should be aware of.

# Plus, it's fun to complete!



Click here to open the online Interactive Crossword.

If you have difficulties with the answers, click the



in the top right corner.

Then, you can choose Reveal Current Answer.

No prizes. Just fun!

# THE ROTARY FOUNDATION AND FOUNDATION GRANTS OUALIFICATION AND STEWARDSHIP

Source - <a href="https://my.rotary.org/en/document/rotary-foundation-reference-guide">https://my.rotary.org/en/document/rotary-foundation-reference-guide</a>

#### What districts must do

To participate in grants, districts must complete an online qualification process in which they agree to follow and implement the financial and stewardship guidelines in the district memorandum of understanding. Each district must also conduct a grant management seminar as part of the qualification process for clubs.

#### What clubs must do

Clubs must complete an annual qualification process to be eligible for global grants. To qualify, clubs must send one or more members to the district's grant management seminar, sign and adhere to the club memorandum of understanding, and fulfill any additional qualification requirements set by the district.

#### **GRANT APPLICATION PROCESS**

Once they are qualified, clubs and districts may submit district and global grant applications through the Grant Center. Applications for global grant scholars who will begin studies in August, September, or October must be submitted to the Foundation by 30 June.

Applications involving travel need to be submitted 90 days before the travel dates.

To apply for disaster response grants, the district governor and district Rotary Foundation chair complete the Rotary Disaster Response Grant Application and send it to <a href="mailto:grants@rotary.org">grants@rotary.org</a>.

#### REPORTING

Final reports that document the disbursement of district grant funds must be submitted to the Foundation within 12 months after sponsors receive the payment, or within two months of the last payment.

Global and disaster response grant sponsors need to send in a first progress report within 12 months of receiving the first grant payment. After that, progress reports are due within 12 months of the acceptance date of the previous report. Final reports need to be submitted within two months of completing the project.

District and global grant reports are submitted through the Grant Center. Disaster response grant reports are sent to *grants@rotary.org*.



To make a contribution, go to **rotary.org/donate**.

### WHEN YOU DONATE TO TRF

# YOU ARE A SPECIAL KIND OF ROTARIAN.

YOU DEVOTE YOURSELVES TO THE ROTARY FOUNDATION



**Thank you** to everyone in D6330 who has given to the Foundation, who has participated in a Foundation project, or has helped spread the word about the Foundation. **Thank you!** 

<u>Click here to view a short video</u> about your contributions to TRF and the good that you do! We're changing lives through our vision and unwavering commitment, bringing hope to those who need it most.

### PAUL HARRIS SOCIETY

#### What's the Paul Harris Society?

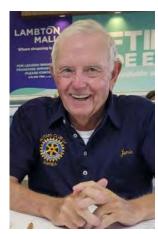
Not to be confused with a Paul Harris Fellow (which means a life-time gift of \$1000 to The Rotary Foundation's annual fund), the Paul Harris Society is the name given to those Rotarians who pledge a \$1000 gift annually – every year.

You may know these committed individuals -- they wear a "flag" below their Rotary pin that reads "PHS."

One easy way to give at the \$1000 level is through Rotary Direct -- sign up and an amount of money you designate is automatically deducted from your account each month. Learn more at www.rotary.org.

Members of the Paul Harris Society know that the need never ends -- and neither should the giving.

D6330 Long-time Paul Harris Society Chair is Rotarian Jamie Pole.



Rotarian Jamie Pole

#### What your giving supports

Paul Harris Society gifts have helped provide:

- Vocational training for teachers establishing an early childhood education center in South Africa
- Water filters, toilets, and hygiene training to prevent fluorosis, diarrhea, and other diseases in India
- A scholarship for a medical professional in Italy to research treatments that minimize mortality rates among premature babies
- Peace-building seminars for 200 teachers and 1,300 students in Uganda
- Treated mosquito nets and medical services that prevent malaria in Mali





In District 6330 we are proud to have over 116 members in our Paul Harris

We have over 32 of our clubs that now have members in the Paul Harris Society.

Society.

# U.N. INTERNATIONAL DATES TO NOTE (plus links)

# **Calendar of Events**



# World Breastfeeding Week August 1 to 7

International Breastfeeding Week is an annual observance that takes place from August 1 to 7. It aims to raise awareness about the importance of breastfeeding for infants' health and well-being, as well as for the overall health of mothers. The week serves as a platform to promote and support breastfeeding as a natural and vital process that provides numerous benefits to both babies and mothers.

# <u>International Day of the World's Indigenous Peoples</u> August 9

This day aims to promote and protect the rights of indigenous populations worldwide, while also recognizing their unique cultures, traditions, and contributions to society.

# International Youth Day August 12

The UN designated this day to raise awareness about the challenges faced by young people globally. It focuses on highlighting the potential and contributions of youth and encouraging their active involvement in social, economic, and political issues.

#### World Humanitarian Day August 19

This day honors humanitarian workers who risk their lives to provide assistance and relief to those affected by crises and conflicts. It also promotes solidarity with people affected by humanitarian crises worldwide.

# International Day for Remembrance of the Slave Trade and its abolition (UNESCO) August 23

This day commemorates the transatlantic slave trade and its abolition. It serves as a reminder of the tragedy of slavery and promotes tolerance, understanding, and solidarity among all peoples.

# Polio this week

#### Cases and positive Environmental Isolates as of 19 July 2023



#### Summary of new polioviruses this week:

- Chad: five cVDPV2 cases
- Congo: one cVDPV2 positive environmental sample
- DR Congo: eight cVDPV1 cases, 16 cVDPV2 cases and two cVDPV2 positive environmental samples
- Madagascar: eight cVDPV1 positive environmental samples
- Somalia: three cVDPV2 positive environmental samples
- Tanzania: one cVDPV2 case
- Zambia: one cVDPV2 positive environmental sample

Until the last child is immunized, Polio is just a plane ride away From me, my friends and my family.



TERMS OF USE















For more information, click here - http://polioeradication.org/polio-today/polio-now/this-week/

Click here to learn the difference between Wild Polio Virus (WPV) and Vaccine-derived Polio Virus. (VDPV)





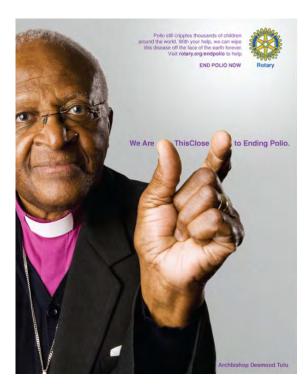
#### Global Circulating Vaccine-derived Poliovirus (cVDPV) as of 18 July 2023<sup>†</sup>

cVDPV2 is a circulating vaccine-derived poliovirus. It is a form of polio that can spread within communities due to low immunization rates. cVDPV2 is the most prevalent type of cVDPV, with 959 cases occurring globally in 2020. The original "wild" poliovirus (WPV) and the much more common modified oral vaccination strains are the two causes of recent polio infections. The three wild polio strains each gave rise to different cVDPV strains, with cVDPV2 being the most prevalent.

If a population is seriously under-immunized, there are enough susceptible children for the excreted vaccine-derived polioviruses to begin circulating in the community. If the vaccine-virus is able to circulate for a prolonged period of time uninterrupted, it can mutate and, over the course of 12-18 months, reacquire neurovirulence. These viruses are called circulating vaccine-derived polioviruses (cVDPV).

The lower the population immunity, the longer these viruses survive. The longer they survive, the more they replicate, change, and exchange genetic material with other enteroviruses as they spread through a community. If a population is fully immunized against polio, it will be protected against the spread of both wild and vaccine strains of poliovirus.

Episodes of circulating vaccine-derived poliovirus are rare. Over the past ten years – a period during which more than 10 billion doses of oral polio vaccine were given worldwide – cVDPV outbreaks resulted in fewer than 800 cases. In the same period, in the absence of vaccination with OPV, more than 6.5 million children would have been paralysed by wild poliovirus.











https://polioeradication.org/polio-today/polio-now/this-week/circulating-vaccine-derived-poliovirus/

## THE ROTARY FOUNDATION AND POLIOPLUS GRANTS

Source - https://my.rotary.org/en/document/rotary-foundation-reference-guide

#### THE ROTARY FOUNDATION

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

The Foundation is a not-for-profit organization supported solely by voluntary contributions from rotary members and friends of the Foundation who share its vision of a better world. This support is essential to make possible projects, funded with Foundation grants that bring sustainable improvements to communities in need.

#### **POLIOPLUS**

Polio eradication is rotary's top philanthropic priority. Rotary launched the PolioPlus program in 1985. In 1988, when Rotary began working with its partners in the Global Polio Eradication Initiative, there were more than 350,000 polio cases in over 125 countries. Since then, nearly 3 billion children have been immunized against polio, and the incidence of polio has decreased 99.9 percent.

As of 2020, Rotary's contributions to the global polio eradication effort, including matching funds from the Bill & Melinda Gates Foundation, exceeded \$2 billion.

#### **POLIOPLUS GRANTS**

PolioPlus grants fund global polio eradication efforts in countries where polio is endemic and those at risk for the disease. Grants support immunization campaigns and monitoring of poliovirus transmission.

PolioPlus grants are funded from the general PolioPlus Fund and District Designated Fund contributions.

Grant proposals are submitted primarily by major implementing partner agencies, such as the World Health Organization and UNICEF. Foundation Trustees consider PolioPlus grant requests at regularly scheduled meetings.

#### POLIOPLUS PARTNERS GRANTS

PolioPlus Partners grants support urgent social mobilization and surveillance projects, which are submitted by the national PolioPlus committee chairs in high-priority countries. The grant applications are considered on a rolling basis and are funded from the general PolioPlus Fund.

#### POLIOPLUS RESOURCES

**End Polio Now newsletter:** Updates and news about polio eradication efforts, published every other month End

**Polio Now poster:** Features the End Polio Now logo and graphics

**End Polio Now pins:** Lapel pins with the End Polio Now logo

For more information and resources, visit endpolio.org.



Source: - https://www.endpolio.org/5-reasons-why-polio-can-be-eradicated

Story Written By: Rotary International

July 29, 2019

We know that we can, and we will eradicate polio, but how do we know that? Only one human disease has ever been eradicated—that's smallpox. What makes a disease a good candidate for eradication?

#### Poliovirus causes acute, non-persistent infections

The virus causes acute, short-term infections, meaning that a person infected with polio can only transmit the virus for a limited amount of time. Prolonged infection with wild polioviruses has never been documented and in most cases infected people can only transmit the virus for 1-2 weeks.

#### Virus is transmitted only by infectious people or their waste

Some diseases can be transmitted in a multitude of ways, which can make a disease an impossible candidate for

eradication. But the poliovirus is typically transmitted just one way: through human waste. Eradicating polio is not an easy task, but the way polio is transmitted simplifies our ability to tackle the disease.

#### Survival of the virus in the environment is finite

Did you know there's just one strain of wild poliovirus that continues to infect humans? (There used to be three strains of poliovirus that regularly infected humans.) The wild poliovirus cannot survive for long periods outside of the human body. If the virus cannot find an unvaccinated person to infect, it will die out. This is why we have to keep every single child vaccinated—so the virus cannot find any humans to infect. The length of poliovirus survival varies according to conditions like temperature, and the poliovirus infectivity decreases over time.

#### People are the only reservoir

Hundreds of diseases can be transmitted between insects, animals and humans. One of the things that makes polio eradicable is the fact that humans are the only reservoir. No poliovirus has been found to exist and spread among animals despite repeated attempts to document this.

#### Immunization with polio vaccine interrupts virus transmission

Not only are there two safe and effective polio vaccines, but vaccination against polio generates herd immunity, which increases the percentage of the population that is immune to the disease.

Mass campaigns using oral polio vaccine, where all children in a specified geographic area are immunized simultaneously, interrupts wild poliovirus circulation by boosting population immunity to the point that transmission of polio cannot be sustained.

One additional way we know we'll eradicate polio is that we've eliminated polio in nearly every single country in the world—even in countries like in India, which as recently as 2007 was home to 70% of the world's poliovirus cases.

There are just two countries that continue to report wild poliovirus transmission, and we're certain we have the tools and scientific know-how to eliminate polio in the remaining two countries.

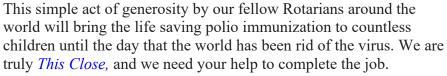
<u>Donate</u> to the cause or follow us on Facebook to learn more about how Rotary is working with our partners to <u>#endpolio</u>.



## **POLIOPLUS SOCIETY**



Our District 6330 proudly joins The Rotary Foundation and fellow districts across the world to announce the new Polio Plus Society and invite all our members to join.





The Polio Plus Society is an organization of like-minded individuals who have committed to contribute \$100 US or more each and every year to Polio Plus until the world has been declared free of the Wild Polio Virus. This is our commitment to fulfill the promise Rotary made in 1985 to immunize all the children of the world.

It's easy and rewarding to become a member. Download, complete and submit the Polio Plus Society Pledge Form and email to the Polio Chair at <a href="mailto:katherine.hahn@rotarystratford.com">katherine.hahn@rotarystratford.com</a> Complete your contribution commitment in one of three ways:

Contribute with your credit card online at: <a href="https://www.endpolio.org/donate">https://www.endpolio.org/donate</a>

- OR -

Write a for cheque for \$100 or cheque for the US \$100 equivalent (or more!) to The Rotary Foundation with "Polio Plus" in the memo line and give it to your club's Rotary Foundation Chair for submission.

- OR -

Enroll in Rotary's recurring giving program, Rotary Direct, which makes giving easy, fast, and secure. You can schedule a monthly, quarterly, or annual donation that empowers Rotarians to change lives in communities around the world. <a href="https://my.rotary.org/en/rotary-direct">https://my.rotary.org/en/rotary-direct</a>

YES, all donations will be matched 2 to 1 by the Bill and Melinda Gates Foundation. Anyone can join the society, not only Rotarians. Everyone will be recognized with a special pin, an End Polio Now bracelet, a Society Certificate, and a great feeling in their heart.

With your help, we will reach every last child and achieve a polio free world. Please reach out to <u>Katherine</u> and sign up today

# AUGUST FOCUS ON MEMBERSHIP and NEW CLUB DEVELOPMENT

# Rotary Club of Mental Health & Wellness (District 5280)

#### By Dinah Eng

Over the years, whenever Maribel Khoury-Shaar's Rotarian husband suggested she join Rotary, the busy doctor declined. But when she learned that a Rotary club dedicated to mental health and wellness was forming, she jumped on board.

It came at just the right time for the primary care physician.

After the pandemic started, most of her patients were anxious and depressed, and she was getting burnt out as a health care provider.

"This club reinvigorated my life because I was around likeminded people who wanted to do the right thing," says Khoury-Shaar, president of the Rotary Club of Mental Health & Wellness in District 5280, which covers parts of Los Angeles County in California.

The club meets online and welcomes members to join from anywhere in the world. Its current members include professionals in the mental

Rotary Club of Mental Health & Wellness is one of a growing number of causebased clubs around the world. Its members include (top row, from left): Judith Verduzco and Maribel Khoury-Shaar; and (bottom row, from left): Guity Javid and Marisol Chianel

health field and others who hold the issue close to their hearts.

The club, chartered last May during Mental Health Awareness Month in the U.S., is one of the first cause-based Rotary clubs to focus on mental health and wellness and was the idea of Guity Javid, the 2021-22 governor of District 5280. It's one of a growing number of cause-based clubs around the world.

Click here to read more about this new cause-based Rotary club.

# ROTARY ACTION GROUP - MENTAL HEALTH



**Our Vision:** To create and support opportunities for all to improve their mental health and wellness for healthy, happy and productive lives.

#### Our Mission:

- Break stigma
- Raise awareness
- Increase access to prevention and earlier treatment

We welcome all with an interest in helping oneself and others.

**Become a Member** 

Mental Health Initiatives - Rotary Action Group

Click the links below to learn more about RI President McInally's focus on Mental Health

Raising Awareness - Breaking Stigma - Increasing Capacity



Members of the Rotary Action Group on Mental Health Initiatives strive to improve the mental health of our communities and build friendships.

LEARN MORE



Source: https://map.rotary.org/en/project/pages/LearnMore.aspx

#### If you are seeking partners for your project –

Rotary and Rotaract clubs can now seek project partners through Rotary Showcase.

As part of the new feature, your club can list proposed projects and seek partners for financial or other support, share your project budget for global grants, and connect with other clubs to build relationships, all with the goal of implementing new service projects to improve communities around the world.

- 1. Provide clear project details. If you intend to apply for a global grant and are seeking international partners, make sure to include information about community assessment, intended project outcomes, and project sustainability.
- 2. Use the Related Links section to link to financing plans, project proposals, or social media posts about your project.
- 3. Upload photos that will tell a story about your project.
- 4. List your other projects that are completed or in progress on Showcase. These will help potential partners get to know your club.

Respond promptly to questions when contacted by potential partners.

#### If you want to join another club's project –

- 1. Search first by project status to find proposed projects that are seeking partners. You can narrow your search by filtering for global grants projects or by country or category.
- 2. Look at the club's completed projects to get a better idea of the club's capabilities.

Use the contact button to email the project creator.

Click here to learn more.

## FROM ROTARY ZONES 28-32

Check out the Zones 28 & 32 group on Facebook (https://www.facebook.com/groups/rotaryinthezone)









# ROTARY BEYOND DISTRICT 6330

Ingrid Neitsch, Regional Rotary Foundation Resource Team Zone 28
District 6330 is part of Zone 28
June 27 at 6:34 PM
#therotaryfoundation #goals #goalsetting #success
#fellowship #celebrations

# How does goal setting influence a club's success?

To achieve success you need to set goals meaningful to your club at the beginning of the year! The importance of goal setting was on display at RC of Edmonton Southeast 15th anniversary and changeover dinner attended by the City Mayor, Past District Governors and many others who supported the club!

President Nancy presented the results of goals set a year earlier!

Among the highlights:

- Goals for donations to the Annual Fund, Polio Plus were met and exceeded
- Service projects were greatly increased
- Volunteer hours were surpassed over the previous year
- And the goal of three new members was surpassed since eight new members joined!

At their Changeover event, RC of Edmonton West also reported on many accomplishments over the past year, including

- Donations to the Annual Fund and Peace Centres
- Increasing EREY
- Establishing new partnerships with indigenous groups
- Hosting the Capital Region Integrity Awards and many others.

Achieving goals needs to be celebrated and this club were entertained by a Marimba band with members from Zimbabwe, Ghana and Nigeria whose founder Patricia had been selected as a community Integrity Award winner!

#### The goal setting cycle:

- Set goals
- Work to attain goals to fulfill club's vision
- Celebrate!

Does your club have goals set for the coming year? •

Source - https://www.facebook.com/groups/rotaryinthezone/permalink/705187414704283/



Regional Rotary Foundation Resource Team Zone 28 District 6330 is part of Zone 28

A dynamic educator with over 25 years' experience in the Edmonton Public School system, with 15+ years serving in high-profile leadership roles including Principal of Victoria School of the Visual and Performing Arts. Deeply committed to lifetime learning - continued a career in education since leaving the school system, as a consultant and licensed facilitator of a new program dedicated to exploring, validating and embracing life experiences.

Ingrid is currently serving her community as Past District Governor of Rotary International District 5370 and Regional Rotary Foundation Coordinator on the Zone 28 Regional Rotary Foundation Resource Team.

As District Peacebuilder Committee Chair, Ingrid is committed to peace education to support Rotary's mission of Peacebuilding.

Passionate about helping people take their personal and professional lives to the next level, with proven experience mentoring and leading staff of over 150 teachers and administrators. A great believer in leading by example, with a strong business acumen and commitment to the pursuit of excellence in all life's endeavors has contributed greatly to a rewarding and successful career in education.

Public speaking engagements include professional development sessions across Canada and the USA. Ingrid toured District 5370 which encompasses Rotary Clubs in northern Alberta, British Columbia, Saskatchewan, the Northwest Territories and the Yukon.

Ingrid is involved in supporting her community as Past District Governor, Rotary International District 5370, proud member of the Rotary Club Edmonton West, former Wellness Director for Alberta Retired Teachers' Association, Director of the Waterton -Glacier International Peace Park Association and other committees furthering the pursuit of education, health and wellness through local and international projects.





### ROTARY HELPS UKRAINE

#### Dear Rotarians





Thank you for giving to The Rotary Foundation to <u>help the people of Ukraine</u>. Because of generous donors like you, we've raised more than US\$16 million in the past 14 months to fund hundreds of grants that have provided assistance to those affected by the war. Your contributions have made member-led projects that are <u>helping</u> <u>Ukrainian refugees and supporting relief efforts</u> both in Ukraine and around the world possible.

The needs remain substantial. We continue to approve disaster response grants to get people food, clean water, and clothes. We are authorizing grants that keep electricity flowing to hospitals, allow wounded civilians to seek care, and organize shelter for displaced families. But we need your help.

Right now, 40 grant requests to provide critical aid are on hold because the Ukraine Response Fund has allocated all of its current funding. If you are able to continue supporting the people of Ukraine, please consider making an <u>additional donation</u>.

Thank you for your past support of our Foundation's ongoing response to this crisis. Your generosity is making a real difference for people who urgently need our help.

Sincerely, The Rotary Foundation

#### DONATE

<u>Rotary supports Ukraine – click here to view a short video.</u>

# 7<sup>TH</sup> AREA OF FOCUS - OUR ENVIRONMENT







Click these links below to learn more about how Rotarians can and do make efforts to help the climate.

https://www.youtube.com/watch?v=puRcVsXs8dA - Rotary Climate Action

 $\underline{https://www.youtube.com/watch?v=60Pfoc2IojU}-Mangrove\ Restoration$ 

https://esrag.org/lithium-ion-battery-recycling/ - Clari Nolet: Lithium Ion Battery Recycling

https://www.youtube.com/watch?v=r5dCMLRH6sw - Oyster Reef Restoration, America SE

 $\underline{https://www.youtube.com/watch?v=YBFGN-VY0tE}-Trees\ for\ Survival-NZ$ 

 $\underline{https://www.youtube.com/watch?v=yDwgmTTSTjQ\&t=105s}-Rotary~\&~the~Environment$ 

#### July set to be the hottest month ever.

When the UN head says the earth is entering an era of "global boiling," they have our attention. Researchers predict this month will be the hottest in 120,000 years, smashing a record set in July 2019. Experts say more temperature records are likely to be broken this year, partly because of the effects of El Niño.

Here are two videos - the first from the U.N.

<u>Click here to view the</u> video of UN Secretary General, António Guterres, who says that scientists confirmed July was on track to be the world's hottest month on record.

Click here to view the second video from CTVNews.



#### And a short El Nino primer below -

#### El Niño

El Niño is not a wind or an ocean current on its own, but rather a climate phenomenon that involves both the ocean and the atmosphere. It is a part of the larger climate pattern known as the El Niño-Southern Oscillation (ENSO).

El Niño refers to the warming of sea surface temperatures in the central and eastern equatorial Pacific Ocean. This warming occurs irregularly, typically every two to seven years, and it can last for several months. During an El Niño event, the usual cold upwelling of deep ocean waters along the coast of South America weakens or reverses, leading to warmer-than-average sea surface temperatures.

The warmer ocean temperatures influence the atmosphere, causing changes in weather patterns globally. Some of the common effects of El Niño include:

- 1. Changes in precipitation patterns: There may be increased rainfall in some regions (e.g., parts of South America) and drought conditions in others (e.g., Australia, Indonesia).
- 2. Disruption of marine ecosystems: El Niño can affect fish populations and marine life due to changes in ocean temperatures and nutrient distribution.
- 3. Impact on weather extremes: El Niño can be associated with more frequent and intense storms, such as hurricanes and cyclones.

On the other hand, its counterpart, La Niña, is the opposite phase of ENSO, characterized by cooler-than-average sea surface temperatures in the central and eastern Pacific Ocean.

Overall, El Niño is a significant climate phenomenon with widespread impacts on weather, agriculture, ecosystems, and economies around the world. It's important for scientists and meteorologists to monitor and predict El Niño events to better prepare for the associated impacts.

# The Beginnings of Rotary — continued from last month



#### **Conventions and Assembly**

#### **International Convention**

Each May or June, Rotary International holds a worldwide convention "to stimulate, inspire, and inform all Rotarians at an international level." The convention, which may not be held in the same country for more than two consecutive years, is the annual meeting to conduct the business of the association The planning process usually begins about four or five years in advance.

The RI board determines a general location and invites cities to make proposals. The conventions are truly international events which 20,000 to 40,000 Rotarians and guests attend. All members should plan to participate in a Rotary International convention to discover the real internationality of rotary. It is an experience you'll never forget.

#### **The District Conference**

Most Rotarians have never attended a Rotary District Conference. They have not experienced one of the most enjoyable and rewarding privileges of Rotary membership. A district conference is for all club members and their spouses, not just for club officers and committee members. The purpose of a district conference is for fellowship, good fun, inspirational speakers, and discussion of matters which make one's Rotary membership more meaningful.

Every person who attends a district conference finds that being a Rotarian becomes even more rewarding because of the new experiences, insights, and acquaintances developed at the conference. Those who attend a conference enjoy going back, year after year.

Every one of Rotary's more than 530 districts has a conference annually. These meetings are considered so important that the Rotary International President selects a knowledgeable Rotarian as his personal representative to attend and address each conference. The program always includes several outstanding entertainment features, interesting discussions, and inspirational programs.

One of the unexpected benefits of attending a district conference is the opportunity to become better acquainted with members of one's own club in an informal setting. Lasting friendships grow from the fellowship hours at the district conference.

#### The District Assembly

In view of the annual turnover of Rotary leadership each year, special effort is required to provide the 32,000

club leaders with appropriate instruction for the tasks they will assume. The annual District Assembly is the major leadership training event in each Rotary district of the world.

The District Assembly offers motivation, inspiration, Rotary information and new ideas for club officers, directors, and key committee chairmen of each club. Some of the most experienced district leaders conduct informative discussions on all phases of Rotary administration and service projects. The assembly gives all participants valuable new ideas to make their club more effective and interesting. Usually eight to ten delegates from each club are invited to attend the training session.

Another important feature of a district assembly is a review by the incoming District Governor of the program theme and emphasis of the new RI president for the coming year. District goals and objects are also described and plans are developed for their implementation.

The success of each Rotary club is frequently determined by the club's full representation and participation at the annual district assembly.

#### **The Presidents-Elect Training Seminar (PETS)**

The Bylaws of Rotary International require a training seminar for the incoming club presidents of the district. This two- or three-day Presidents-elect Training Seminar, commonly referred to by its acronym, PETS, is a motivational and leadership training session designed to prepare the future club presidents for the office they will assume on July 1.

Among the subjects covered are implementation of the RI theme for the coming year as well as information about the new and continuing programs of RI. Time is also devoted to a review of district operations, planning club and district programs, and organizing other activities for the year ahead. How to prepare a budget, goal setting, time management, and new ideas for club meetings are just some of the useful skills that club presidents-elect learn when they attend their district's PETS. The training seminar is usually held about March.

#### Governance

#### The General Secretary

The day-to-day operations of Rotary International's Secretariat are under the supervision of the general secretary, the top professional officer of Rotary. Although the general secretary is responsible to the RI Board of Directors and president, he provides the ongoing management for nearly 800 staff members who comprise the Secretariat of Rotary International.

The general secretary serves as secretary to the RI Board and is also the chief executive and financial officer of The Rotary Foundation, under the supervision of the trustees of the Foundation. He is the secretary of all Rotary committees as well as the Council on Legislation, regional conferences, and the annual Rotary Convention.

The current General Secretary is John Hewko who hails from the Rotary Club of Kyiv, Ukraine. He holds a law degree from Harvard University, a master's in modern history from Oxford University (where he studied as a



John Hewko, General Secretary

Marshall Scholar), and a bachelor's in government and Soviet studies from Hamilton College in New York.

John leads a diverse staff of 800 at Rotary International's World Headquarters in Evanston, Illinois, USA, and sever international offices. John is a Paul Harris Fellow. He and his wife, Margarita, live in Evanston.

#### How We Select a Rotary International President

Each year, a distinguished Rotarian is selected as the worldwide President of Rotary International. The process begins two years in advance when 17 members from 34 zones comprising a nominating committee is elected from separate regions of the world. To qualify for the nominating committee, a Rotarian must have served on the RI Board of Directors and have extensive Rotary experience and substantial acquaintanceship with the world leaders of Rotary.

The nominating committee may consider all former RI directors for the presidential candidate. Members of the nominating committee and current directors are not eligible. Any Rotary club may suggest the name of a former RI director to the committee for consideration.

Any Rotary club may make an additional nomination before December 1, which must then be endorsed by one percent of all Rotary clubs of the world, or about 250 of them. If such an event occurs, an election is held by mail ballot. If no additional nomination is presented by the clubs, the person selected by the nominating committee is declared to be the president-nominee. From that point on, that special Rotarian and spouse will spend more than a year in preparation and then a year serving the Rotarians of the world as International President.

Source: <a href="https://rotary1.org/101-things-about-rotary/">https://rotary1.org/101-things-about-rotary/</a>

# Pushing polio eradication to the finish line

This is a critical year for polio eradication efforts as Rotary and our Global Polio Eradication Initiative (GPEI) partners are aggressively working to interrupt transmission of the poliovirus in the remaining endemic countries and other areas.

Polio eradication is Rotary's top humanitarian priority until we deliver on our promise to protect children everywhere from polio. We had the audacity to take on this mission, and we have the tenacity to finish the job.



How can you take action? Learn more and donate at endpolio.org.



# How do you want to get involved in the causes you're most passionate about?





# ROTARY CALENDAR and THEMES 2023-24 Note changes for July and April

| Month     | Theme                                    |
|-----------|--|
| July      | Maternal and Child Health                |
| August    | Membership and New Club Development      |
| September | Basic Education and Literacy             |
| October   | Community Economic and Development       |
| November  | Rotary Foundation                        |
| December  | Disease Prevention and Treatment         |
| January   | Vocational Service                       |
| February  | Peace and Conflict Prevention/Resolution |
| March     | Water and Sanitation                     |
| April     | Environment                              |
| May       | Youth Service                            |
| June      | Rotary Fellowships                       |



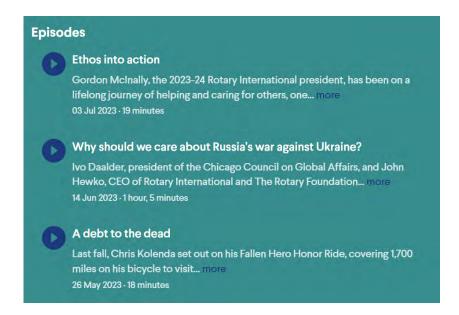
Listen and share: Rotary Voices Podcast

Club websites, social media posts, and ads are all great ways to share with your community the impactful work that Rotary clubs and members do. Now there's another way to expand Rotary's reach: The <u>Rotary Voices</u> <u>Podcast</u>. The podcast offers audio versions of stories from Rotary magazine, as well as bonus interviews, and is our newest channel to spread the word about Rotary.

"The Trailblazers" podcast, for instance, features U.S. Senator Tammy Duckworth, who happens to be a former Rotary International employee, and Rotary International President Jennifer Jones. The pair discuss lessons in leadership, the necessity of diversity, and other subjects.

Listen to the podcasts yourself and then share links to them on your club's social media channels and other communications. The Rotary podcasts are available at on.rotary.org/podcast or wherever you get your podcasts.

#### A sampling of the episodes available -



The Rotary podcasts are available at <u>on.rotary.org/podcast</u> or wherever you get your podcasts.

## The Rotary Foundation – the Engine that runs Rotary!



#### WAYS TO GIVE TO THE ROTARY FOUNDATION

Your donation changes lives! and this information bears repeating...

There are numerous ways to support The Rotary Foundation.

Every amount contributed to The Rotary Foundation is spent in support of humanitarian, educational, and cultural programs, and their operations. Clubs and districts apply for and receive Foundation grants to carry out worthy projects worldwide.

Here are a few of the ways that your contribution can make a difference:

- \$100 can buy textbooks for one elementary school in Zambia
- \$5,000 can buy vaccine to immunize 10,000 children against polio
- \$24,000 can buy an academic-year Rotary Foundation Ambassadorial Scholarship
- \$100,000 can buy funding for two to complete a two-year graduate program for a Rotary World Peace Fellow

#### **Donate Online**

When you donate online, you get to choose where your donations go. Support thousands of service projects our people of action are tackling around the world. Outright gifts can be made easily with The Rotary Foundation online contribution form.

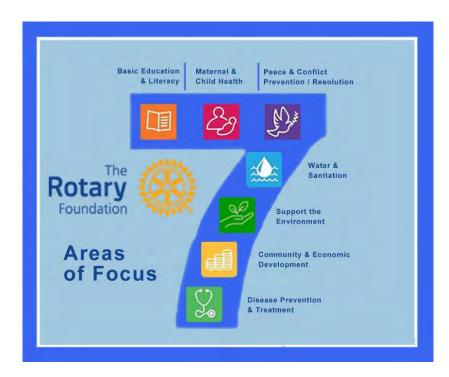
This method expedites processing your tax receipt and Paul Harris Fellow recognition points. For online donations please visit <a href="https://www.rotary.org/en/donate">https://www.rotary.org/en/donate</a>.

- **Memorial or Tribute Donations:** A gift to The Rotary Foundation is a meaningful way to honour a loved one.
- **Recurring Donations:** Rotary Direct allows you to help year-round by automatically giving each month, quarter, or year.





#### FOUNDATION GRANTS – 7 AREAS OF FOCUS



Rotarians can get involved in various types of service – Club Service, Community Service, International Service, Vocational Service, New Generations (Youth) Service

## A list of Rotary's 7 areas of focus and a brief description of each:

1. **Peacebuilding and conflict prevention:** Rotary aims to address the root causes of conflict and promote sustainable peace through initiatives that support education and training, promote community dialogue, and build networks of peacebuilders.



2. **Disease prevention and treatment:** Rotary works to improve health outcomes and reduce the spread of disease through initiatives that promote immunization, provide access to clean water and sanitation, and support medical research.



3. **Water and sanitation:** Rotary aims to improve access to clean water and sanitation in underserved communities, through initiatives that promote infrastructure development, support education and training, and raise awareness about the importance of clean water and sanitation.



4. **Maternal and child health:** Rotary works to improve maternal and child health outcomes by supporting initiatives that provide access to prenatal and postnatal care, promote vaccination, and support nutrition and education programs for mothers and children.



5. **Basic education and literacy:** Rotary aims to improve access to education and literacy for children and adults, through initiatives that support teacher training, provide educational resources and materials, and promote community-based programs that increase literacy rates.



6. **Economic and community development:** Rotary works to support economic and community development initiatives that promote job creation, increase access to financial services, and support small business development and entrepreneurship.



7. **Supporting the environment:** Rotary aims to support environmental sustainability initiatives, through programs that promote conservation, improve access to clean energy, and support the development of sustainable agriculture and other eco-friendly practices.



Overall, Rotary's areas of focus represent some of the world's most pressing challenges, and reflect the organization's commitment to making a positive impact in local and global communities.

By supporting initiatives in these areas, Rotary is able to leverage its resources and expertise to address some of the most complex challenges facing the world today.



# Do you need a make-up? missed meetings? To learn about other Rotary clubs?

Here is a list of online clubs where you can earn a make-up along with learning a whole lot more about Rotary! Why not visit them all?

- Rotary E-Club of Canada One Rotary On Demand, Where you want, When you want!
- Rotary Club of One World
- Rotary E-Club of World Peace

Click here to attend this week's posted meeting of E-Club of Canada One.

These meetings are posted online and available 24/7!



#### Give where the need is greatest

When you give to The Rotary Foundation, you fuel our service projects - projects that eradicate polio, promote peace, and improve developing communities.

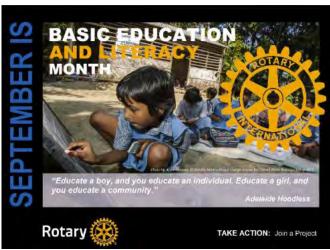






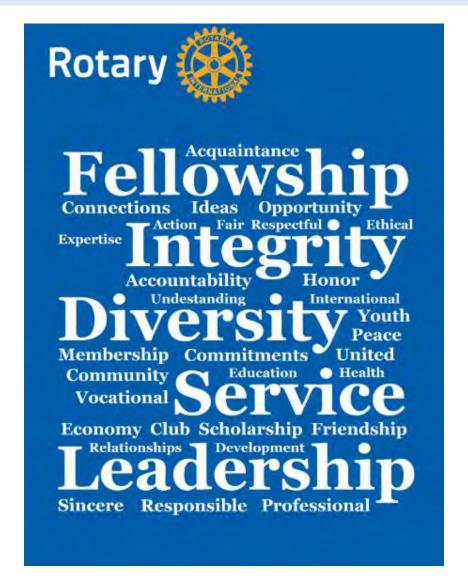
#### FAST FORWARD TO SEPTEMBER - Rotary Literacy month

Literacy is a significant and specific goal for Rotary. It is so important that it is one of the 7 areas of focus for Rotary – basic education and literacy. Such importance has been placed on literacy that Rotary International has created a "Rotary Literacy Month" that takes place during the month of September.





## ROTARY'S CORE VALUES

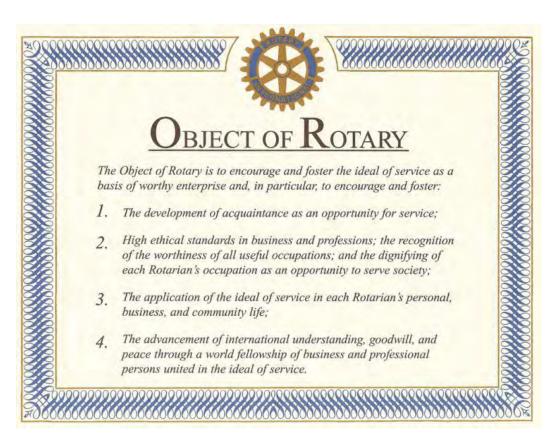




Rotary International is an international service organization whose stated purpose is to bring business and professional leaders together to provide humanitarian service and to advance goodwill and peace around the world. It is a non-political and non-religious organization.

Rotarians can get involved in various types of service –

Club Service, Community Service, International Service, Vocational Service, New Generations Service

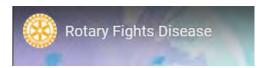




Click the 4-way test above to hear the Four-Way Test by RC of Saskatoon Nutana.

# THE ROTARY FOUNDATION EREY – Every Rotarian Every Year





Click here for a short video.

Our Every Rotarian, Every Year (EREY) initiative encourages all Rotary club members to *contribute* something each year to The Rotary Foundation. We hope that you can consider at least \$100 USD every year to help us reach our goal to support the Rotary Foundation financially each year.



**Sustaining member.** One who contributes \$100 USD every year is a *Sustaining Member*. With EREY, we encourage you to contribute an amount you can afford every year.



## ROTARY BEQUEST SOCIETY

What is a Rotary Foundation Bequest Society Member?

Those who have made commitments for future gifts of \$10,000 or more to The Rotary Foundation are invited to join the Bequest Society.

Donors may elect to receive various benefits and recognition pieces commemorating their commitment at each new recognition level, including pins, crystals, named funds, and special seating at the Rotary International Convention.

A bequest gift of at least \$10,000 in your name to The Rotary Foundation creates a legacy of your generosity and compassion as you are helping many people live better lives around the world.

Today there are over 18,000 Bequest Society Members worldwide.

Will you join them by leaving a gift to Rotary in your estate? Contact the Rotary Foundation's Planned Giving team.

# Alphabet Soup of Rotary - Rotary Acronyms

| AG     | Assistant Governor   |
|--------|--|
| COL    | Council on Legislation - held every 3 years, Rotary's Parliament               |
| DDF    | District Designated Funds - Rotary Foundation funds managed by district        |
| DG-    | District Governor  |
| DGE    | District Governor Elect  |
| DGN    | District Governor Nominee  |
| DREC   | District Rotary Foundation Committee   |
| EMGA   | Endowment Major Gift Advisor - Foundation appointment works in zone            |
| EREY   | Every Rotarian Every Year - annual gift to The Rotary Foundation               |
| GETS   | Governor Elect Training Semmar - yes Governors are trained                     |
| MOP    | Manual of Procedure - Rotary policy, constitution and hylaws                   |
| NID    | National Immunization Day - mass polio vaccination days                        |
| PDG    | Past District Governor   |
| PE     | President Elect  |
| PETS   | President Elect Training Seminar   |
| PHF    | Paul Harris Fellow   |
| PHS    | Paul Harris Society - members pledge I/S\$1000 a year to Rotary Foundation     |
| PP     | Past President   |
| RAG    | Rotarian Action Group - experts in an area, such as AIDS, water, malaria, etc. |
| RC     | Rotary Club  |
| RC     | Rotary Coordinator - works in a zone on membership & Rotary programs           |
| RDU    | Rotary Down Under - Australia, New Zealand & Pacific Islands                   |
| RI     | Rotary International   |
| RIBI   | Rotary International in Great Britain and Ireland                              |
| RID    | Rotary International Director - member of RI board                             |
| RINO   | Rotary in name only - a disparaging term for a not very active Rotarian        |
| RIP    | Rotary International President   |
| RIPE   | Rotary International President Elect   |
| RITS   | Rotary International Travel Service  |
| RLI    | Rotary Leadership Institute  |
| ROTEX  | Rejurned Youth Exchange Students or rebound YE                                 |
| RPC    | Rotary Peace Center  |
| RPIC - | Rosary Public Image Coordinator - zone position focused on PR & Public Image   |
| RRFC   | Regional Rosary Foundation Coordinator - zone position to promote Foundation   |
| RYE    | Rotary Youth Exchange  |
| RYLA   | Rotary Youth Leadership Award  |
| STEP   | Short-Term Exchange Program - vouth program                                    |
| TRF    | The Rotary Foundation  |
| TRFC   | The Rotary Foundation Canada   |
| VTT    | Vocational Training Team   |
| YEP    | Youth Exchange Program   |



But no -



When tomorrow comes, this day will be gone forever. In its place is something that you have left behind. Let it be something good.